

Semi-Annual Brigid's Sisters Retreat Weekend

October 5th through October 7th, 2018

Schedule Outline

Friday, Oct 5th

5:00 pm - Registration begins

6:00 pm - Lite dinner - (provided by Brigid's Sisters)

7:00 pm - Meet and Greet - Reiki Sessions (will have a sign-up sheet), Creating Name Tags, Kitchen setup and cleanup sign-up, etc.

Saturday, Oct 6th

8:00 am - Registration and Breakfast - (provided by Brigid's Sisters)

9:00 am - Welcoming - led by Brigid's Sisters
Opening, Group Introductions, Meditation

12:00 pm - Lunch - (Potluck)

1:30 pm - Outdoor Healing Workshop - led by Brigid's Sisters
Chakra Clearing, Sound Healing, Reconnective Energy, Earth Healing
Bring necessary items including camp chairs and outerwear weather permitting

5:00 pm - Craft Time - Create Your Own Kindness Rocks
bring 2-3 rocks to paint, all other materials will be provided

6:30 pm - Dinner - (Potluck)

7:30 pm - Raffle - led by Bernadette

8:30 pm - Honoring Columcille's Founder and Releasing Activity

9:00 pm or later - Dancing - led by L
bring any hip scarfs you love to wear and drums or instruments you would like to use

Sunday, Oct 7th

8:00 am - Yoga Writing Workshop - led by Betsy Jackson

9:00 am - Breakfast - (provided by Kirkridge)

9:45 am - Visit from the Women of Columcille

10:30 am - Closing - led by Brigid's Sisters

12:00 pm - Lite Lunch

Registration:

(Must be received by Monday, October 1st)

Please check the appropriate description for the option of your choice, then remember to check the box if you would like to participate in Sunday morning's yoga and writing workshop. To pay by Credit Card (PayPal) – **email Danielle at brighidsisters@gmail.com**; OR send this sheet, along with your check (paid in full) made out to: Danielle Salerno, 160 Knowlton Road, Columbia, NJ 07832 by October 1st. WE DO HAVE LIMITED PARTIAL SCHOLARSHIPS available; inquire via email above for details.

Please Note: If you pay in full and have a change of plans, there is a non-refundable \$50.00 deposit on all overnight reservations and a non-refundable \$25.00 deposit for commuter reservations. Also: There are only 18 beds available at the Farmhouse and they will be filled on a first-reserve basis. If there is a need for additional lodging, we will consult with Kirkridge regarding the possibility of optional lodging availability other than the Farmhouse.

(Please Print)

Name _____
Address _____
Phone Number _____ Email _____

(Please check **ONE**)

I would like to participate in the entire weekend retreat. I am enclosing \$295.00, which includes my lodging (Friday and Saturday), retreat, meals**, and the workshops (excluding yoga – check the box below if you would like to participate in the yoga workshop on Sunday morning)

I would like to participate in the overnight weekend retreat for Friday night ONLY and all of Saturday, which covers my lodging, retreat, meals**, and the workshops. I am enclosing \$195.00

I would like to participate in the overnight weekend retreat for Saturday night ONLY and all of Sunday, which covers my lodging, retreat, meals**, and the workshops. I am enclosing \$205.00

I would like to participate in the retreat as a commuter for Friday through Sunday with meals**, the workshops, and NO OVERNIGHT STAY. I am enclosing \$165.00

I would like to participate in the retreat as a commuter for Saturday and Sunday ONLY which covers retreat, meals**, and the workshops, and NO OVERNIGHT STAY. I am enclosing \$150.00

I would like to attend the retreat as a commuter for SATURDAY ONLY (No overnight stay) including meals** and the workshops. I am enclosing \$125.00

I have selected one of the options above that includes my attendance at the retreat on Sunday, October 7th, and wish to participate in the Sunday morning **yoga and writing workshop at 8 am**. I have enclosed an additional \$15.00 (you must select a registration option that includes Sunday to participate in the yoga and writing workshop). The additional fee may be added to the total payment and does not have to be made separately.

**Meals will be pot luck – details to follow in welcome letter upon registration confirmation. Sunday breakfast will be provided by Kirkridge.

Do you have any food allergies or dietary restrictions (vegetarian, vegan, etc.)?

No
 Yes: _____